

Ayurveda/Yoga International Conference Comes to Sydney

“It’s all about the art of living, the art of being” says Farida Irani internationally renowned practitioner and teacher of alternate therapies. “In April 2006, Ayurveda Yoga Australia (AYA) formed by Farida Irani, Dr Shaun Mathews, Dr Ramaprasad and Seva Devi (Chris) Glover(Yoga in Daily Life) , organised its first International Conference. Its success created a long felt need for an annual event that would give this science its rightful place as the creator of a holistic approach to health and well-being.

It had participants from all over the world and was considered a landmark in the history of this ancient science from India which has existed in written texts and oral tradition dating back to 3000 B.C.

The Second International Conference will be held in Sydney from April 3rd to 5th, 2009, with pre and post conference events held in the weeks around it. The venue is the stunning City Recital Hall at Angel Place in the heart of the CBD. “ Our aims for this conference are to promote the true spirit of Ayurveda and Yoga and showcase their benefits to the community” says Mrs Irani. “It will deliver a unique experience to all those who attend” she added.

The Conference will feature an eminent line-up of local and internationally acclaimed speakers, teachers, researchers and authors all of who are authorities in the science of healing. Among those attending will be H.H. Parmahans Swami Maheshwarananda, Prof Dr.P.H. Kulkarni, H.H. Sri Sri Ravi Shankar, Brother Satyananda (Self Realisation Fellowship), Dr. Robert Svoboda, Petrea King, Dr. Ian Gawler, Dr Smita Naram, Dr Ram Kumar, Prof Marc Cohen, Shakta Kaur and many more. Their insight will provide an enlightening experience on how to maintain health at the physical, mental, emotional and spiritual level. .

AYA invites all those interested in the true art of living and well being, to avail themselves of this unique opportunity. Register now and avail yourself of early bird discounts. For more information email info@ayaaustralia.org or call 61 2 8850 1358, mobile 0402 378 152. Or refer to the website www.ayaaustralia.org